

# THANK YOU

## Accountable to you.

Lakeridge Health Foundation is guided by a dedicated group of individuals with diverse backgrounds who are passionate about health care in Durham Region.

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Will Stephen

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**Oshawa Site:** 1 Hospital Court, Oshawa, ON L1G 2B9

**Whitby Site:** 300 Gordon Street, Whitby ON L1N 5T2

Phone: 905-433-4339 | Fax: 905-743-5306

[www.lakeridgehealthfoundation.com](http://www.lakeridgehealthfoundation.com)

Charitable Registration Number: 119249126 RRR0001



**Lakeridge  
Health  
Foundation**



**Your priorities,  
are our priorities.**

**Report to Donors**



**Lakeridge  
Health  
Foundation**



# Thank You!

## Because of donors like you, Lakeridge Health Foundation has had a tremendous year!

Not everyone can say they work and live in the same community - but alongside many of you, I can. I live in Durham Region and I rely on the same health care services you do. I also believe that the highest quality care should be available right now, right here.

As a resident of Durham Region, I've had the opportunity to see how our work touches the lives of our shared neighbours, friends and colleagues. It's your generosity that makes this possible and I want to extend my sincere thanks. That's why I am thrilled to share our highlights from the past year.

Lakeridge Health Foundation has undergone a major transformation. We have a new look, new staff and a renewed drive to support Lakeridge Health and the critically important services it provides in Durham Region.

This past year we've seen exciting growth and support from our community. In our 2013-2014 year, the Foundation received an incredible 8,503 donations, including 13 pledges of \$25,000 or more from individuals and organizations.

We also received two of our biggest gifts ever. RBC Foundation supported family mental health programs in Durham Region with a gift of \$325,000 and a life-long Brooklin resident made a transformational commitment of \$2 million directed to complex continuing care.

The number of community initiatives raising funds for Lakeridge Health has grown by 22 per cent. These initiatives, combined with our signature events and individual donations, have raised enough to enable the hospital to purchase 42 brand new hospital beds, 56 kidney dialysis machines and countless other pieces of life-saving equipment.

Our hospital can continue to provide excellence, every moment, every day because generous donors like you agree that the health of our community is a top priority.

**Thank you** donors, volunteers, and sponsors for choosing to give where you live.

# OUR SHARED PRIORITIES



**42** new hospital beds



**56** new dialysis machines



**1,200** volunteers



**2,800** babies born



**4,000** staff on board



**8,503** donations



**42,000** surgeries performed



**144,000** ER visits



**\$940k** raised through events & community initiatives



**\$5.28MM** raised for Lakeridge Health in 2013/14



# The Royal Treatment

## Lakeridge Health receives significant gift from RBC Foundation

This past May, Lakeridge Health Foundation received one of our biggest gifts ever from the RBC Foundation in support of the Hospital's Child, Youth and Family Program.

The RBC Foundation, who has pledged to help 1 million children and youth, committed \$325,000 to Lakeridge Health, with the bulk of it -- \$250,000 -- supporting the new Child and Youth Mental Health Unit in Oshawa. The remaining \$75,000 was split evenly between Bowmanville, Whitby and Port Perry sites to support high priority needs.

Lakeridge Health's Child, Youth and Family Program provides care to children aged 5 to 18 who are suffering from a serious mental health issue. The program will receive about 10,000 visits this year for crisis support, in-hospital care and outpatient therapy.

"There's incredible demand in our community for children's mental health services," says Kevin Empey, President and CEO of Lakeridge Health. "Every month, about 55 children are referred to our therapy services for the first time – and that's only one part of what we do."

The donation will help reduce wait lists and improve frontline services for families and children such as the intensive day program that provides in-hospital academic support for children who are not well enough to attend school.

"RBC is proud to make this commitment to Lakeridge Health's Child, Youth and Family Program," says Travis Capes, Regional Vice President, RBC. "This gift will help ensure that kids in Durham Region facing mental health issues have access to programs and services, giving them hope for a brighter future."

**"It's reassuring to know that we've put our money in a great place."**

**Travis Capes,**  
Regional Vice President,  
RBC (middle right)



**"Donors like RBC give us the financial support to grow, improve and provide care to more kids in Durham Region. Together we can ensure strong, local health care for the families who rely on us."**

**Kevin Empey,**  
President & CEO, Lakeridge Health



# My Family's Hospital

## Perry Monaco celebrates five years cancer-free

As a young father, you don't ever expect to get cancer. You also don't expect to be apart from your family, let alone in isolation.

Five years ago this was a reality for Perry Monaco. Diagnosed with thyroid cancer shortly after his first daughter was born, Perry needed radioactive iodine therapy to survive.

The nature of this treatment meant that Perry had to spend three days in isolation at Lakeridge Health and another two weeks at home, requiring his wife and daughter to move out and for him to recover alone.

Those rough days away from his family are now near-forgotten memories for Perry.

After five years, Perry's health has returned to where it should be, but there is never an "all-clear" with the type of cancer he has. For that reason, it's comforting for him to know he lives in a community with a state-of-the-art cancer centre like we have in Oshawa.

"It disturbs me to think that things could have been so very different, had it not been for the wonderful care and compassion I received at Lakeridge Health when I was ill," reflects Perry.

His experience at Lakeridge Health was so impactful that Perry became a monthly donor. As long-time residents of Durham Region, Perry's family has come to rely on Lakeridge Health for being close to home whenever they need medical care. As a monthly donor, Lakeridge Health can depend on Perry too!

**"Lakeridge Health has always been there for my family – that's why I've chosen to be there for them every month by becoming a monthly donor."**

**Perry Monaco,**  
husband, father and  
cancer survivor



**"Donating a small amount each month is an easy and affordable way to spread your support throughout the year. Becoming a monthly donor for Lakeridge Health will ensure our life-saving equipment and programs can receive the same priority attention your loved ones deserve."**

**Charyl Galpin,** Chair,  
Lakeridge Health Foundation Board of Directors



## A Lasting Legacy

**Long-time resident Lillian Beamish shares her reasons for giving to her local hospital**

If laughter is the best medicine then Lillian (Lil) Beamish will outlive us all. In the quiet retirement community across from Cullen Gardens in her not-so quiet home, the retired General Motors employee recalls her first experience with Lakeridge Health.

“During the depression we were very poor so when my father got sick and had to go to the hospital we were concerned he might be turned away. Instead, they accepted him with open arms, free of charge,” she explains. “I knew then, this hospital is about caring.”

Many years later and a few visits to that same hospital, including a rewarding visit to the cardiac rehabilitation program and shoulder replacement, Lil has chosen to include Lakeridge Health in her will.

“You only get one legacy,” she says. “We owe it to the community to support our hospital so others can experience the quality health care we’ve always received.”

At 82 years-old Lil remains active in her community. She sits on the executive of the GM Salaried Retirees Association and a handful of other boards and committees. She remains an advocate for community health and well-being.

Lil’s long-time best friend Kay Helleur, the first woman to ever design a golf course in North America, has also made a bequest to Lakeridge Health. “There was no arm twisting involved,” she says. “We both agree, we may not have needed the hospital that much over the years but other people do and will. It’s important to invest in your local hospital.”

Assigning Lakeridge Health as a beneficiary in your will is an easy and affordable way to ensure generations of Durham Region residents will have the very best health care available.

“If you care for the hospital,” says Lil, “it can care for you and the generations after you.”



**Lillian Beamish (left)  
with Kay Helleur**

**“We helped build this community. It’s our duty to support it for the future. That’s why Lakeridge Health is part of our gift planning.”**

# Special Events

Lakeridge Health Foundation hosts two signature events each year: our Golf Classic and Annual Gala. Alongside 62 community initiatives, Durham Region residents have proven again that health care is a priority in our community.



**\$170K**  
raised!



The **2013 Lakeridge Health Foundation Golf Classic** sold out months before the actual event. Praised as one of the best golf tournaments in town, the annual event was held at the famous Greg Norman designed Wyndance Golf Club in Uxbridge on July 15. Thanks to the generosity of sponsors and attendees, the tournament raised over \$170,000 for the Foundation's Dialysis Campaign – that's 5 dialysis machines and countless lives saved!

Winning Foursome with the James E. Lavelle Trophy, presented by Mary Lavelle



**\$300K**  
raised!



On a cool autumn evening guests attended the spectacular **Lakeridge Health Foundation Annual Gala**, a masquerade themed event at Ajax Convention Centre. Local talent such as saxophone player Matthew James and actors from the Oshawa Little Theatre were present to make the night unforgettable. The gala sold out more than a month in advance and attendance was 29 per cent higher than in 2012. An incredible \$300,000 was raised to further contribute to the Dialysis Campaign, enabling the purchase of 12 new kidney dialysis machines.



Gala MC Ken Shaw, CTV News Anchor, with Kevin Empey (middle right); Charyl Galpin with husband, Patrick

## Giving and Good Times

This past year Lakeridge Health Foundation has been overwhelmed with the generous support of our community. Local initiatives benefitting Lakeridge Health have increased by 22 per cent!

**62**  
events

**\$470K**  
raised!

# Your Gift at Work

Donor dollars have made a significant impact at Lakeridge Health this year. Here are a few examples of how your gift is impacting our patients in Durham Region.

## REDUCING WAIT TIMES and time away from home.

Lakeridge Health is the first hospital in Canada to launch a fully-integrated digital pathology system that reduces diagnostic wait times from six weeks to a matter of days. This means less anxiety, better care and more quality time with your family.



Perry Monaco, cancer patient

## PROVIDING COMFORT when it's needed most.

Our hugely successful Buy-A-Bed Campaign raised \$243,000, enabling Lakeridge Health to purchase 42 brand new, comfortable and easy-to-use beds for patients at the Whitby location.



John McCormack, patient & grateful recipient of a new bed

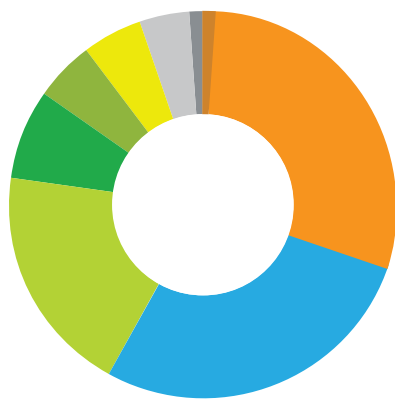
## 40,000 LIFESAVING TREATMENTS because of you.

To date, 56 state-of-the-art dialysis machines have been bought through our Dialysis Campaign. These new machines use the latest technology to provide the most efficient kidney replacement therapy available today. Each year, Lakeridge Health provides 40,000 dialysis treatments and machines run 12 hours a day, 6 days a week.



Luana Andrade, kidney dialysis patient

## How our donors fund Lakeridge Health 2013-2014



- Cancer Care
- Kidney Care & Diabetes
- High Priority & Redevelopment
- Women & Children's Health
- Research & Education
- Other priorities
- Medicine & Supportive Care
- Emergency & Critical Care
- Cardiac & Stroke Prevention

## You can count on us.

Much of the essential programs and operations at Lakeridge Health are funded by the Province of Ontario. Lakeridge Health relies on our community to help improve the patient experience by securing donations and raising awareness for capital projects, the acquisition of equipment, education, and research.



**\$0.74**

of every dollar raised is invested in Lakeridge Health. You can trust that your support will have the greatest impact possible.